

## School swimming carnival permission note 2025- Glendale East Public School

Our school values school sport carnivals and the role it can play in supporting the wellbeing of students and their connection to school. The annual school swimming carnival is a school event, and all students are expected to attend the carnival. This carnival is for all students turning 8 years and older in 2025. Parents are welcome to join us for our first school event for the year.

There will be opportunities for all students to participate in pool activities during the day. Structured age races will be scheduled throughout the day also, so students can potentially qualify for the 2025 Zone Swimming competition.

This day is a mandatory school event and will include activities for ALL students to participate in. To facilitate all students, inclusive of those that are “non-swimmers”, there will be a range of fun non-water based activities for students to take part. As well as structured pool activities for students that feel confident in the water to enjoy.

It is expected that all students attend this event. If for some reason your child does not attend this event, they are still required to be at school as normal, where onsite supervision will be given and alternate learning provided. The swimming carnival is an official school event where attendance is mandatory. The swimming carnival is not an excuse for students to have a day off school.

<b>Date</b>	Friday 7 <sup>th</sup> February 2025.
<b>Venue</b>	Wallsend Swimming Pool.
<b>Staff members supervising students</b>	All staff from years 2-6 and SLSOs.
<b>School arrival time</b>	Between 8:30 and 9am.
<b>Transport arrangements</b>	Bus as a school.
<b>Carnival start time</b>	10am.
<b>Carnival end time</b>	2:15pm.
<b>Return to school time</b>	2:30/2:45pm on buses.
<b>What to wear</b>	House colours (green, blue, red or yellow).
<b>What to bring</b>	Swimmers, Towel, Sunscreen, Hat, Packed lunch and recess, Water bottle Money for the canteen (optional) <b>No hot food.</b> <b>Canteen things to purchase:</b> lollies, ice creams, packet of chips, cold drinks.
<b>Cost</b>	<b>No cost as school is covering all costs.</b>

Please find the school swimming carnival program attached to this note. The program includes:

- age categories
- event details (including novelty event races in shallow end of pool)
- order of events

Please note there is no time allocated for a general swim.

## Morning Schedule

20 minute rotations:

Time	Age Races 50M Free	Extra lane activities: Hoops & sinkers	Extra lane activities: Body boards, Noodle Relays	Ball Games -Grass	Tag Grab & Survivor Tag -Grass
10:00	8 years	12 years	11 years	10 years	9 years
10:20	9 years	8 years	12 years	11 years	10 years
10:40	10 years	9 years	8 years	12 years	11 years
<b>Recess 11:00 - 11:20 reapply Sunscreen. Canteen 8-10 years. No hot food</b>					
11:20	11 years	10 years	9 years	8 years	12 years
11:40	12 years	11 years	10 years	9 years	8 years
12:00	<b>Pack up and have lunch reapply sunscreen &amp; CANTEEN 11 &amp; 12 years. No hot food</b>				

## Afternoon Schedule

15minute rotations:

Time	16m Pool Water Ball	Extra lane activities: Water Squirters	Extra lane activities: Kick board relays	Wading Pool Chill	Volley Ball	Rob the nest & tug a war
12:30	8 years Boys	8 years Girls	9/10 years Girls	9/10 years Boys	11/12 years boys	11/12 years girls
12:45	11/12 years girls	8 years Boys	8 years Girls	9/10 years Girls	9/10 years Boys	11/12 years boys
1:00	11/12 years Boys	11/12 years girls	8 years Boys	8 years Girls	9/10 years Girls	9/10 years Boys
1:15	9/10 Years Boys	11/12 years Boys	11/12 years girls	8 years Boys	8 years Girls	9/10 years Girls
1:30**	9/10 years Girls	9/10 years Boys	11/12 years Boys	11/12 years girls	8 years Boys	8 years Girls
1:45	<b>1:30- Finalise relays</b>  <b>Relays- Teacher &amp; Student</b>  <b>(groups of 4- students who can swim 50m freestyle</b>					
2	Clean Up Grandstand & mark off rolls					
2:15	Students return to school					

\*If for any reason the school swimming carnival is postponed, the school will communicate this through our school Facebook page the morning of the carnival.

### **Accident insurance information**

In the event of injury, no accident or medical insurance cover is provided by the NSW Government Treasury Managed Fund for students participating in school sporting activities, physical education lessons or any other school endorsed activity, unless there is a breach of duty of care by department or school staff. The NSW Department of Education is insured to meet the financial impact of any legal liabilities arising from its activities. It does not provide, nor has it ever provided, accident or medical insurance for students enrolled in government schools.

### **Concussion management**

When a student enrolled in a government school is diagnosed with concussion, the principal must be advised in writing as soon as the diagnosis is confirmed. Students may only return to sport and physical activity once a medical clearance has been provided to the school and, if at a school sport event, to the supervising teacher.

Any student that experiences a suspected concussion during a school-endorsed activity, will be removed from the activity and parents/carers will be advised that a medical follow-up is required.

If medical clearance is not provided, the student cannot participate in vigorous or competitive school sport or physical activities for 21 days from the concussion date.

### **Parent/carer permission**

**We do ask you to give your consent through the School Bytes app by Monday 16<sup>th</sup> December 2024.**